

Summary: One cannot love another without first understanding God's love for him/her, a sinful being, then accepting God's love by expressing love back to God by keeping all of His commandments. When one chooses to live a life of devotion to the Lord out of sincere love for Him, then he/she can love another individual only as God loves—for God IS love.

One may feel like it is impossible to live a life that is up to God's perfect standard. Well, a sinner is no match for the temptations of Satan **UNLESS** he/she makes a conscious decision to live a life of victory over sin and trust in God's promises to give them strength to resist the temptations of Satan.

God's Promises

God is not a man, that he should lie; neither the son of man, that he should repent: hath he said, and shall he not do it? or hath he spoken, and shall he not make it good? — **Numbers 23:19**

A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you an heart of flesh. And I will put my spirit within you, and cause you to walk in my statutes, and ye shall keep my judgments, and do them.—**Ezekiel 36:26,27**

He giveth power to the faint; and to them that have no might he increaseth strength.—**Isaiah 40:29**

There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.—**1 Corinthians 10:13**

Submit yourselves therefore to God. Resist the devil, and he will flee from you.—**James 4:7**

FAITH PLUS WORKS:

Using Pennyroyal



Part used: Tops

Properties: **Diaphoretic** (induces perspiration), **Emmenagogue** (stimulates menstrual flow), **Carminative** (flatulence reliever), **Stimulant** (strengthens the nervous system)

Methods of Use: **Infusion:** Soak/Saturate for 5-15 mins and take 6 oz. (ounces) frequently. **Tincture:** Take 30-60 drops (1/2 to 1 teaspoon) frequently. **Fluid Extract:** Take 1-2 drops frequently.

Purposes:

When used internally, pennyroyal is effective against **all fevers and lung infections.** It drives out the heat and inflammation through the pores of the skin and helps the circulation. The warm infusion used freely will **promote perspiration.** It is good for **nervous headaches, intestinal pains, cramps, hysteria, nervousness and colds.** It is also used for **convulsions, lung congestion and colic.**

A warm infusion **promotes menstruation.** Use hot footbaths of the tea, to bring on the menstrual flow. It is thus useful in regulating menstrual flow and for relieving cramps; but it should not be used by those who have a tendency toward excessive menstruation.

When used externally, pennyroyal is effective in **repelling insects** (such as mosquitoes, flies and fleas) due to its strong smelling mint. It can also be used for **itching and skin diseases.**

Note: The American species (Hedeoma pulegioides) and the European species (Mentha pulegium) have similar properties.

WARNING: IT IS URGENT THAT PENNYROYAL NOT BE TAKEN DURING PREGNANCY!

THE 8 LAWS OF HEALTH

- G- OODLY TRUST**
- D- PEN AIR**
- D- AILY EXERCISE**
- S- UNSHINE**
- P- ROPER REST**
- L- OTS OF WATER**
- A- LWAYS TEMPERATE**
- N- UTRITION**



All who consecrate **body, soul, and spirit** to His service will be constantly receiving a new endowment of **physical, mental, and spiritual** power. The inexhaustible supplies of heaven are at their command. Christ gives them the breath of His own Spirit, the life of His own life. The Holy Spirit puts forth its highest energies to work in mind and heart. -The Ministry of Healing 159.4

For4ByFaith Ministry consists of Seventh-Day Adventist youths whose desire is to place the service of Jesus Christ supreme in their lives. This ministry is an organized means by which they can produce tracts promoting **TRUE HEALTH**—precepts on the healing of the body and the soul through accepting Jesus Christ as one's Lord and Savior, and thus tuning both the mind and body to His leading "still small voice"



The members and associates of For4ByFaith Ministry are pleased to share with you:

"Marrying" versus "Giving in Marriage" - WHAT IS LOVE?

A concise study on the true essence of love as it relates to intimate relationships.

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FAITH PLUS WORKS: Using Pennyroyal

And as it was in the days of Noe, so shall it be also in the days of the Son of man. hey did eat, they drank, they married wives, they were given in marriage, until the day that Noe entered into the ark, and the flood came, and destroyed them all.—Luke 17:26, 27

For further information and/or prayer requests email us at **for4byfaith@gmail.com** or WhatsApp **876-580-6459**. You can also access our archives of brochures at **for4byfaith.info**



Why is this study important?

If those who are contemplating marriage would not have miserable, unhappy reflections after marriage, they must make it a subject of serious, earnest reflection now. This step taken unwisely is one of the most effective means of ruining the usefulness of young men and women.—**AH 43.1**

Marriage is something that will influence and affect your life both in this world and in the world to come.—**AH 43.3**

Few have correct views of the marriage relation..... There are thousands that are mated but not matched.—**AH 44.1**

How sacred is marriage?

Jesus pointed His hearers back to the marriage institution as ordained at creation..... Marriage and the Sabbath had their origin, twin institutions for the glory of God in the benefit of humanity.

Then, as the Creator joined the hands of the holy pair in wedlock, saying, A man shall "leave his father and his mother, and shall cleave unto his wife: and they shall be one," He enunciated the law of marriage for all the children of Adam to the close of time. That which the eternal Father Himself had pronounced good was the law of highest blessing and development for man." —**AH 340.4**

What is the concern about marrying and giving into marriage?

There is in itself no sin in eating and drinking, or in marrying and giving in marriage. It was lawful to marry in the time of Noah, and it is lawful to marry now, IF that which is lawful is properly treated and NOT carried to sinful excess. But in the days of Noah men married without consulting God or seeking His guidance and counsel...—**AH 121.3**

Summary: The sacred institution of marriage was founded by God after the Creation of Adam and Eve and it was meant to be a blessing to all who partook in it according to the Lord's will and leading, not their own. Sadly, the vast majority of humans have desecrated the institution of marriage by leaning unto their own sinful understanding instead of allowing our wise and loving God to lead their lives..

Can one love without the love of God in them?

Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God. He that loveth not knoweth not God; for God is love.—**1 John 4:7,8**

Religion is love, and a Christian home is one where love reigns and finds expression in words and acts of thoughtful kindness and gentle courtesy.—**AH 94.2**

Religion is needed in the home. Only this can prevent the grievous wrongs which so often embitter married life. ONLY where Christ reigns can there be deep, true, unselfish love. Then soul will be knit with soul, and the two lives will blend in harmony.—**AH 94.3**

In every family where Christ abides, a tender interest and love will be manifested for one another. NOT a spasmodic love expressed only in fond caresses, but a love that is deep and abiding.—**AH 94.4**

Why should one love God?

For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.
—**John 3:16**

Without the cross, man could have no connection with the Father. On it hangs our every hope. In view of it the Christian may advance with the steps of a conqueror; for from it streams the light of the Saviour's love. When the sinner reaches the cross, and looks up to the One who died to save him, he may rejoice with fullness of joy; for his sins are pardoned. Kneeling at the cross, he has reached the highest place to which man can attain. The light of the knowledge of the glory of God is revealed in the face of Jesus Christ; and the words of pardon are spoken: Live, O ye guilty sinners, live. Your repentance is accepted; for I have found a ransom.—**5BC 1133.1**

How does one love God?

If ye love me, keep my commandments. He that hath my commandments, and keepeth them, he it is that loveth me: and he that loveth me shall be loved of my Father, and I will love him, and will manifest myself to him. —**John 14:15, 21**

Whosoever believeth that Jesus is the Christ is born of God: and every one that loveth him that begat loveth him also that is begotten of him. By this we know that we love the children of God, when we love God, and keep his commandments.—**1 John 5:1,2**

Does God expect us to keep His commandments perfectly?

For verily I say unto you, Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled.—**Matthew 5:18**

For whosoever shall keep the whole law, and yet offend in one point, he is guilty of all.—
James 2:10

That the law which was spoken by God's own voice is faulty, that some specification has been set aside, is the claim which Satan now puts forward. It is the **last great deception** that he will bring upon the world. He needs not to assail the whole law; if he can lead men to disregard one precept, his purpose is gained. For "whosoever shall keep the whole law, and yet offend in one point, he is guilty of all." James 2:10. By consenting to break one precept, men are brought under Satan's power. By substituting human law for God's law, Satan will seek to control the world.
{**DA 763**}

In what order does one love?

Master, which is the great commandment in the law? Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. **This is the first and great commandment**. And the **second** is like unto it, Thou shalt love thy neighbor as thyself. On these two commandments hang all the law and the prophets.—**Matthew 22:36-40**

Both these commandments are an expression of the principle of love. **The first cannot be kept and the second broken, nor can the second be kept while the first is broken**... Thus Christ taught His hearers that the law of God is not so many separate precepts, some of which are of great importance, while others are of small importance and may with impunity be ignored. Our Lord presents the first four and the last six commandments as a divine whole, and teaches that love to God will be shown by obedience to all His commandments. {**DA 607**}

Key:

AH = The Adventist Home by Ellen White; 5BC = SDA Bible Commentary, vol.5 by Ellen White; DA = The Desire of Ages by Ellen White