

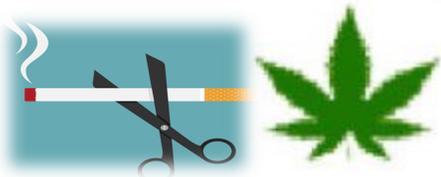
Conclusive Scriptures of Encouragement

There hath no temptation taken you but such as is common to man: but **God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.** — 1 Corinthians 10:13

And Jesus looking upon them saith, **With men it is impossible, but not with God: for with God all things are possible.** — Mark 10:27

Howbeit this kind goeth not out but by prayer and fasting. —Matthew 17:21

I can do all things through Christ which strengtheneth me. —Philippians 4:13



Inspired Statements of Encouragement

Whenever man accomplishes anything, whether in spiritual or in temporal lines, he should bear in mind that **he does it through co-operation with his Maker.** **There is great necessity for us to realize our dependence on God.**—COL 82

Present the total abstinence pledge, asking that the money they would otherwise spend for liquor, tobacco, or like indulgences, be devoted to the relief of the sick, poor, or for the training of children and youth for usefulness in the world.—The Ministry of Healing, 211. ChS 219.4

The subject of temperance should be strongly presented, and a pledge to abstain from all intoxicating liquor and from tobacco should be presented. **Habits of intemperance are preventing minds from discerning the importance of the truths which make men wise unto salvation.** The brain must be cleared from the befogging influence of intoxicating liquor and tobacco, and then **men will realize that Christ has died for their salvation.**—Letter 187, 1904. CME 39.4

“...Temptation once resisted will give power to more firmly resist the second time; every new victory gained over self will smooth the way for higher and nobler triumphs.

Every victory is a seed sown to eternal life.”
—5T 120.3

All references external to the Bible were written by Ellen G. White:

- 2SM– Selected Messages Book 2
 - CG– Child Guidance
- CTBH– Christian Temperance and Bible Hygiene
 - COL– Christ Object Lessons
 - ChS– Christian Service
- CME– A Call To Medical Evangelism
- 5T– Testimonies for the Church Volume Five

THE 8 LAWS OF HEALTH

- G- ODDLY TRUST**
- O- PEN AIR**
- D- AILY EXERCISE**
- S- UNSHINE**
- P- ROPER REST**
- L- OTS OF WATER**
- A- LWAYS TEMPERATE**
- N- UTRITION**

All who consecrate body, soul, and spirit to His service will be constantly receiving a new endowment of physical, mental, and spiritual power. The inexhaustible supplies of heaven are at their command. Christ gives them the breath of His own Spirit, the life of His own life. The Holy Spirit puts forth its highest energies to work in mind and heart.
—The Ministry of Healing 159.4

For4ByFaith Ministry consists of Seventh-Day Adventist youths whose desire is to place the service of Jesus Christ supreme in their lives. This ministry is an organized means by which they can produce tracts promoting **TRUE HEALTH**—precepts on the healing of the body and the soul through accepting Jesus Christ as one’s Lord and Savior, and thus tuning both the mind and body to His leading “still small voice”.

For further information and/or prayer requests email us at for4byfaith@gmail.com or WhatsApp **876-580-6459**. You can also access our archive of brochures at for4byfaith.info



The members and associates of For4ByFaith Ministry are pleased to share with you:

Giving Glory to God by Abstaining from MARIJUANA, TOBACCO AND NICOTINE:

AN EXPOSITORY STUDY BASED ON THE FIRST ANGEL’S MESSAGE TO ALL MANKIND.

Revelation 14: 6,7—And I saw another angel fly in the midst of heaven, having the everlasting gospel to preach unto them that dwell on the earth, and to every nation, and kindred, and tongue, and people, saying with a loud voice, **Fear God, and give glory to him;** for the hour of his judgment is come: and worship him that made heaven, and earth, and the sea, and the fountains of waters.

1 Corinthians 10:31—Whether therefore ye eat, or drink, or whatsoever ye do, **do all to the glory of God.**

1 Corinthians 3: 16,17—Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you? **If any man defile the temple of God, him shall God destroy;** for the temple of God is holy, which temple ye are.

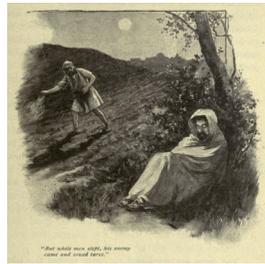
Introduction: We are exhorted to “Fear God, and give glory to Him” (Rev. 14:7), not only by following the moral laws; but by also taking care of our body temple (1 Cor. 3:16,17) by being mindful of what we eat, drink and do (1 Cor. 10:31). This brochure will present what the Bible and the Spirit of Prophecy teaches about **drugs and stimulants and the negative effects they have on the body, WITH EMPHASIS ON CIGARETTES, TOBACCO AND MARIJUANA.**

Drugs & stimulants cover a wide range of substances including **pharmaceutical drugs, street drugs, cannabis, tobacco, cigarettes, caffeinated teas**, as well as coffee. Four reasons from scripture why one should avoid the use of drugs and stimulants are:

- ⇒ **their addictive power**—(*Romans 6:16; 7:19, 20, 23; Matthew 4:10*)
- ⇒ **the wastage of God’s money**—(*Isaiah 55:2; 1 Corinthians 4:1, 2*)
- ⇒ **they weaken one’s ability to hear the Holy Spirit**—(*Galatians 5:16, 17; Romans 8:12-14*)
- ⇒ **They slowly kill, and one commits murder by partaking in them** (*Exodus 20:13; Galatians 5:21*)

Many justify the use of substances such as cannabis (marijuana) by using the argument that God provided everything in nature to be used and if He did not want us to use it, He would not have created it. What was the condition of the earth prior to sin, and what happened after man sinned? Genesis 1:31; Genesis 3:17, 18

“Christ never planted the seeds of death in the system. Satan planted these seeds when he tempted Adam to eat of the tree of knowledge which meant disobedience to God. Not one noxious plant was placed in the Lord’s great garden, but after Adam and Eve sinned, poisonous herbs sprang up. In the parable of the sower the question was asked the master, “Didst not thou sow good seed in thy field? from whence then hath it tares?” The master answered, “An enemy hath done this” (Matthew 13:27, 28). **All tares are sown by the evil one. Every noxious herb is of his sowing, and by his ingenious methods of amalgamation he has corrupted the earth with tares.”** {2SM 288.2}



Supporting Inspired Statements

Tobacco, a Subtle Poison—**Tobacco using is a habit which frequently affects the nervous system in a more powerful manner than does the use of alcohol. It binds the victim in stronger bands of slavery than does the intoxicating cup; the habit is more difficult to overcome.** Body and mind are, in many cases, more thoroughly intoxicated with the use of tobacco than with spirituous liquors; for **it is a more subtle poison.** —CG 403.3

Tobacco ... affects the brain and numbs the sensibilities, so that the mind cannot clearly discern spiritual things, especially those truths which

would have a tendency to correct this filthy indulgence. **Those who use tobacco in any form are not clear before God. In such a filthy practice it is impossible for them to glorify God in their bodies and spirits, which are** **His.** 10CG 404.1



Tobacco weakens the brain and paralyzes its fine sensibilities. Its use excites a thirst for strong drink, and in very many cases lays the foundation for the liquor habit.—CG 404.2

Instruction in this line should be given in every school and in every home. The youth and children should understand the effect of alcohol, tobacco, and other like poisons in breaking down the body, beclouding the mind, and sensualizing the soul. It should be made plain that **no one who uses these things can long possess the full strength of his physical, mental, or moral faculties.** - CG 408.4

The use of tobacco is an inconvenient, expensive, uncleanly habit. The teachings of Christ, pointing to purity, self-denial, and temperance, all rebuke this defiling practice. When we think of the long fast that Jesus endured in the wilderness of temptation in order to break the power of appetite over man, we marvel that those who profess to be his followers can indulge in this habit. **Is it for the glory of God for men to enfeeble the physical powers, confuse the brain, and yield the will to this narcotic**

poison? What right have they to mar the image of God? What says the apostle?—“I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.” CTBH 17.3 - CTBH 17.4



Both tobacco and liquor break down nerve force, and dull the finer perceptions, so that the slaves to these habits cannot discern between sacred and common things. An example of the demoralizing effect of intoxicants is seen in the case of Nadab and Abihu. They **ventured to partake of wine before they entered the tabernacle to perform the duties of their sacred office, and the result was, they could not distinguish between common fire and that which was consecrated to the holy service.** For this breach of trust they were slain. Some will say, “If they were intoxicated, and could not discern the difference between these fires, why should they be punished?” **When they placed the cup to their lips, they made themselves responsible for all their deeds committed while under its influence.** CTBH 18.2

